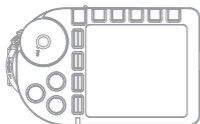


## Product overview

EN

The QPro-F trigger is designed for NEEWER speedlites to be compatible with Fujifilm cameras, when used in conjunction with speedlite flashes equipped with the NEEWER Q wireless system. The QPro-F trigger features multi-channel control, stable signal transmission, quick response, and a compact design. It is aimed at photographers seeking flexible flash lighting control and adapts well to various shooting conditions. Compatible with Fujifilm cameras with a hotshoe, it can also be connected to cameras which have a PC port. Supports TTL flash and high speed sync (HSS).

## Package contents



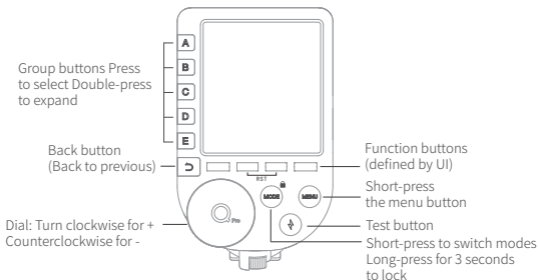
QPro-F flash trigger ×1

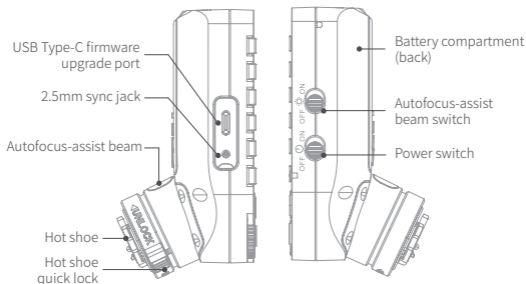


Manual ×1

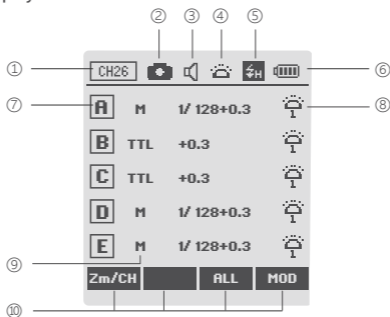
## Product diagram

### Flash Trigger Front





## LCD Display

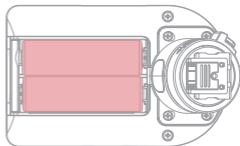


- ① Channel                      ② Attached to a camera                      ③ Sound
- ④ Modeling lamp master control                      ⑤ High-speed sync
- ⑥ Battery power                      ⑦ Group                      ⑧ Group modeling lamp
- ⑨ Flash mode                      ⑩ Function button icon



## Battery Installation

Slide open the battery compartment cover on the back of the flash trigger and insert 2 AA batteries (sold separately), ensuring that the positive and negative polarity markings are respected.



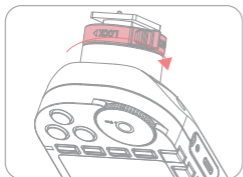
## Battery Level

Remaining battery level indicator shown on LCD display during use.

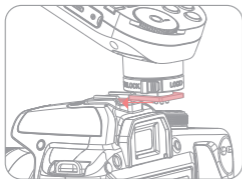
LCD screen battery indicator	Indicates
4 bars	Full battery
2 bars	50% battery
1 bar	25% battery
Empty	Low battery. Please replace the batteries.
Flashing	The battery power is about to run out. It is recommended to replace the batteries now to avoid misfires or the trigger not working over a larger transmission distance due to insufficient power.

Note: This battery charge indication only corresponds to AA alkaline batteries; please do not refer to this table for NiMH batteries as they are of low voltage.

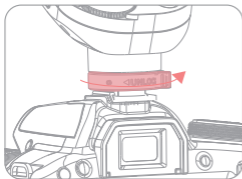
## Attaching to a camera



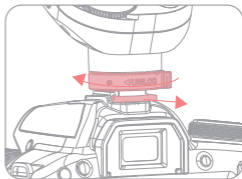
- ① Turn the hot shoe quick release lock clockwise to the unlocked position as shown in the figure.



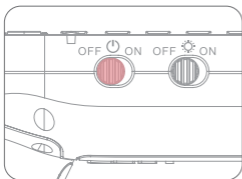
- ② Slide the trigger's base into your camera hot shoe as shown in the figure.



- ③ After mounting on your camera, turn the hot shoe quick release lock counterclockwise to the locked position to use.



- ④ Turn the hot shoe quick lock clockwise to the unlocked position and slide the hot shoe out in the direction of the arrow to remove the flash trigger.



### Turning on/off

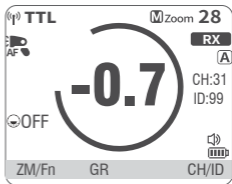
Move the power switch to the "ON" position to turn on the remote flash trigger. The status indicator will not light up when doing so.

Note: If not to be used for a long period of time, please turn off the trigger and remove its battery to reduce battery drain.

## ● Wirelessly trigger an on-camera speedlite flash

There follows an example demonstrating the use of the NEEWER Z2 flash with the trigger:

1. Turn off your camera first, then insert the trigger into your camera's hotshoe, turn on the trigger and then your camera.
  2. Long press the <Zm/CH> button of the trigger to set channel, group, mode and apply other settings (please check the "Trigger Settings" part of this manual for detailed instructions).
  3. Turn on the Z2 flash, press wireless setting button until the display shows wireless symbol and the slave unit icon <RX>, then press the channel setting button <CH> to set the flash on the same channel with the trigger. Next press the group setting button <Gr> to set flash on the same group as that of the trigger. (Note: the connection to other models of speedlite flash may differ. Please check their manuals for reference.)
  4. Press your camera shutter to trigger the Z2 flash, and the trigger's "Status Indicator" will flash red.
- ※ After ensuring that the on-camera flash's channels <CH> and wireless <ID> match those of the QPRO-F trigger, the trigger can fire the flash.



## ● Wirelessly trigger a Fujifilm on-camera Speedlite flash

There follows an illustration to show how to connect an EF-X500 flash with the trigger:

1. Turn off your camera first, then insert the Qpro-F trigger into your camera's hotshoe. Turn on the trigger and then your camera.
2. Long press the <Zm/CH> button of the Qpro-F trigger to set channel, press <MENU> and choose <ID> to set wireless ID of the trigger.

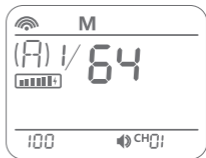


- Place the original Fujifilm flash on the QR receiver, then press and hold the <M> button to set the same channel and ID on the QPro-F trigger.
  - Turn on the Fujifilm flash and set it to on-camera flash mode (Note: please refer to the manual of your Fujifilm flash about this setting).
  - Press your camera shutter to trigger the Fujifilm flash. The trigger's "Status Indicator" will flash red.
- ※ Use only for flash triggering; does not support function control.

## ● Wirelessly trigger a studio strobe

Using a NEEWER S101-300 Pro strobe to demonstrate how to connect:

- Turn off your camera first, then insert the trigger into your camera's hotshoe. Turn on the trigger and then your camera.
- Long press the <Zm/CH> button of the trigger to set channel, group, mode and apply other settings (please check the "Trigger Settings" part of this manual for detailed instructions).
- Connect the strobe to a power source and turn it on. Press both the <GR/CH> button and the <S1/S2> button until the screen displays a wireless icon. Long press the <GR/CH> button to make the strobe channel match the trigger channel. Then, short press the <GR/CH> button to make sure the trigger and strobe groups correspond. (Note: the connection method for other strobe models may differ. Please check their manuals for reference).
- Press you camera shutter to trigger the strobe. The strobe and trigger's "Indicator Status" will flash red.



**Note:** The minimum flash output of the strobe is 1/64. For this reason, the trigger's power output should be set higher than 1/64. The strobe doesn't support TTL or multi-flash. Please set the trigger to M mode to fire the strobe.

## ● Wireless sync of external flash

How to use: Using the Q4 as an example.

1. Turn off the camera, place the flash trigger on the camera hot shoe mount and turn on both the flash trigger power switch and the camera. (Note: For other models of external flash settings, please follow the corresponding external flash instruction manual.)
2. Press and hold the <Zm/CH> button to set the channel, group, mode and apply settings (see Setting the flash unit for details).
3. Power on the external flash and press the <(P)> wireless setting button until the <(P)> icon appears. Hold the < $\frac{GR}{CH}$ > button for 2 seconds to select the channel icon, then turn the dial to match the channel number on the trigger. Press <MENU> to enter menu mode, then turn the dial to match the ID number on the trigger.
4. Press the camera shutter to activate the flash. The "status indicator" of the flash unit will flash red.



※ When the <CH> channel setting and the <ID> setting are the same for both the external flash and the QPRO-F, the QPRO-F can control the external flash.

## ● Wirelessly triggered camera shutter

How to connect:

Two Qpro-F triggers are required for connection: one connects to your camera as a receiver and the other as a transmitter.

1. Turn off your camera first, then connect one end of a shutter release cable to the camera's shutter port and the other end of the cable into the Qpro-F receiver's "2.5mm Sync Port". Next turn on the camera followed by the receiver.
2. Press the receiver's <MENU> button, then rotate the dial to select <SYNC> and set it to "OUT".



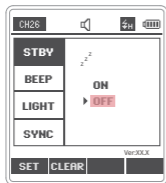
3. Set the Qpro-F transmitter and the receiver on the same channel and under the same wireless ID. Long press <Zm/CH> button to change channel. Short press <MENU> and choose <ID> to set wireless ID. (To set mode and other settings, please check the "Trigger Settings" part of this manual for more detailed instructions.)
4. Half press the transmitter's trigger button <↖> which will make the indicator turn green to focus. Fully press the trigger button <↗> and the indicator turns red, then release the button to release the camera shutter to shoot.

### ● Connection with a 2.5mm sync cable

How to use:

1. Connect one end of the 2.5mm Sync cable to a speedlite flash's sync port, and other other end to a QZ receiver's sync port.
2. Press and hold the receiver's (QR) <M> button to set as flash <⚡>.
3. Set the Qpro-F transmitter and the QZ receiver on the same channel and to the same wireless ID. Long press <Zm/CH> button to change channel, short press <MENU> and choose <ID> to set wireless ID. (To set mode and other parameters, please check the "Trigger Settings" part of this manual for more detailed instructions.)
4. Trigger the flash with the Qpro-F transmitter.

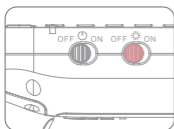




## ● Auto Sleep Mode

1. If no operation is performed within 90 seconds, the trigger will automatically enter standby mode and the LCD display will go dark.
2. Press the < ↗ > button to activate the trigger system. When mounted on a Fujifilm camera hotshoe, you can also half press camera shutter to activate.

NOTE: to deactivate the auto sleep function, simply press <MENU> to access custom menu setting page, select STBY and set it to OFF.

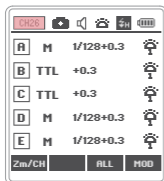


## ● Auto Focus (AF) Beam

Place the AF Beam switch in the 'ON' position to emit Auto Focus beam. When your camera can't focus, the AF beam will automatically light up. Once the camera re-focuses, the AF beam will automatically go off.

※ When not connected with a camera, the Qpro-S's focus beam will not light up.

## ● Channel Setting



1. Long press the <Zm/CH> button to enter channel setting page.
2. Rotate the dial to select a channel number. Short press the <Zm/CH> button to confirm the channel selected.

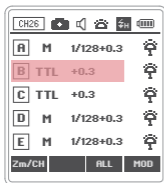
※ The trigger has 32 channels to choose from. Please be sure to set the trigger transmitter and receiver on the same channel before firing flashes.



## ● Wireless ID Setting

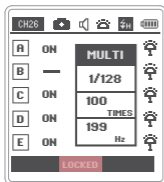
In addition to pairing transmission channels, it is also possible to match the wireless ID to avoid signal interference. A TX unit and a RX unit have to be on the same channel and set to the same wireless ID to trigger. Press <MENU> button to enter C.Fn ID sub-menu. Rotate the dial to select the <ID> menu. Then short press <SET> button to make it editable, Finally, rotate the dial to choose a wireless ID value and press button to confirm.

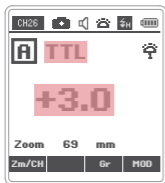
※ A master unit and a slave unit need to have matching channels and ID to be triggered together.



## ● Mode Setting

1. Short press the <MODE> button to switch between different modes.
2. When the trigger is set as 5 groups (A-E):
  - 2.1 When multiple groups are set, you can switch on Multi Flash for each group. Enter a group, select Multi, choose "ON" or "--" to switch on/off.
  - 2.2 For multiple group display, press the group selection button or press the <MODE> button for single group mode, the mode of group A B C can be switched sequentially in TTL/M/-- mode and group D E only in M/-- mode.
  - 2.3 Long press the <MODE> button for 2 seconds until the word "LOCKED" shows on the bottom part of the display. The icon indicates that the trigger is locked and no settings can be changed at this stage. Long press the <MODE> button for 2 seconds to unlock.

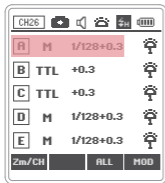




## ● Group Highlighting

Highlight multiple groups or one single group: in multiple group setting, choose a group and press its group letter twice to highlight this group and change settings for this single group.

※ Press the Back button to exit group highlighting page.



## ● Set Flash Output

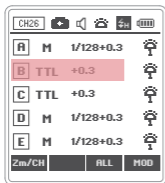
1. When multiple groups are set and in M mode:

1.1 Choose one group by pressing its group letter. Then, rotate the dial to change flash output for this group from Min. to 1/1 in increments of 0.1 or 0.3. Press the <↶> button to confirm the output value and exit.

1.2 Press the <ALL> button to select all groups and make their power output values editable, then rotate the dial to change their output from Min. to 1/1 in increments of 0.1 or 0.3. Press the <ALL> button again to confirm the setting.

2. When one single group is highlighted and in M mode, rotate the dial directly to change the group output from Min. to 1/1 in increments of 0.1 or 0.3.

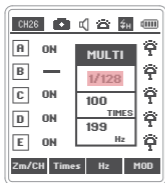
NOTE: "Min." refers to the minimum output level that is available in M or Multi mode, 1/128(0.3) or 1/512(0.1) respectively based on the setting of C.Fn-STEP. On most on-camera speedlite flashes, the minimum output available is 1/128 or 1/128(0.3), not 1/512 or 1/512(0.1).



## ● Flash Exposure Compensation Setting

- When multiple groups are set and in TTL mode:
  - Choose one group by pressing its group letter. Then rotate the dial to adjust its flash exposure compensation (FEC) level from -5.0 to 5.0 in the increment of 0.3. Press the <D> button to confirm the value and exit.
  - Press the <ALL> button to select all groups and make their FEC values editable, rotate the dial to adjust the FEC level from -5.0 to 5.0 in the increment of 0.3. Press <ALL> again to confirm the setting.
- When one single group is highlighted and in TTL mode, rotate the dial directly to change the group FEC value from -5.0 to 5.0 in increments of 0.3.

**Note:** The FEC value shown on QPro-F won't be displayed on its connected speedlite, i.e., the FEC value of Qpro-F and that of the speedlite is independent of each other. The flash output is the sum of the two FEC values. (For example, the FEC value of Qpro-F is -2, and the FEC value of the speedlite is +3, then the total flash output is +1.)

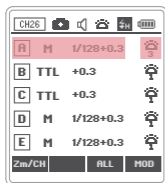
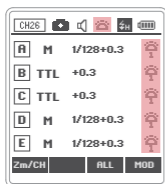


## ● Multi Flash Setting (Flash Output, Flash Times, and Flash Frequency)

- When in Multi Flash mode, the screen will not display the TTL or M icon.
- The three values underneath "Multi" on the display refer to flash output, flash times (Times), and flash frequency (Hz) respectively.
- Rotate the dial to adjust flash output from Min. to 1/4.
- Short press the Times button to highlight flash times. Rotate the dial to change its value.
- Short press the Hz button to highlight flash frequency. Rotate the dial to adjust frequency number.

- After choosing the required settings, short press the <D> button to exit. Then no item will flash on the display.
- In the Multi-flash sub-menu, when no item is flashing, short press the <D> button to return to main menu.

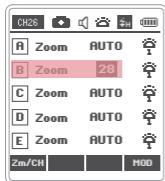
**NOTE:** The flash times are subject to both flash output and flash frequency. Flash times you set cannot exceed the maximum value allowed. The flashes transmitted to the receiver are actual flash times and depend also on camera shutter settings.



## ● Modelling Lamp Setting

- When multiple groups are set, press the <MOD> button to turn the modelling lamp on or off for all groups of strobes.
- When only one group is set, or select one group from within the multiple groups setting by pressing its group letter, press the <MOD> button to turn the modelling lamp on or off for this group of strobes.
- Short press a group letter to highlight this group to change its strobe settings: short press the <MOD> button to adjust modelling lamp brightness of this group of strobes.

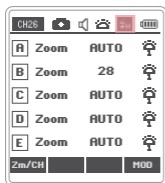
**NOTE:** The strobe models that support the turning on/off of the modelling lamp in one, single group include the Z2, Q200, S101 PRO series. The future NEEWER flash strobes that feature a modelling lamp will all support this function.



## ● Zoom Setting

Short press the <Zm/CH> button until the display shows the Zoom value. Select a particular group, then rotate the dial to change its Zoom value from AUTO, 18 to 133. After setting the value required, press the <↶> button to return to menu page.

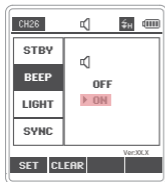
**Note:** the flash ZOOM can only be adjusted in Auto(A) mode.



## ● High-Speed Sync Settings

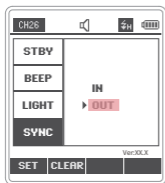
1. High-speed sync: Press the MENU or Fn button on your Fujifilm camera to enter flash mode, then select Forced Flash <⚡>. Set the camera shutter afterward.
2. 2nd curtain sync: Press the MENU or Fn button on the camera to enter flash mode, then select 2nd Curtain Sync <⬇️>. Set the camera shutter afterward.

**Note:** In order to use the High Speed Sync (HSS) function on our flash, please ensure the Wireless Flash Mode is activated in your camera settings.



## ● Audible Alert Setting

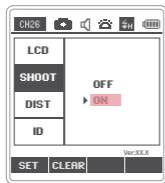
Press the <MENU> button to enter C.Fn BEEP page, rotate the dial to choose <BEEP>, then press the <SET> button. You can now rotate the dial to choose "ON" or "OFF" to activate / deactivate this audible alert. Press the <↶> button to return to menu page.



### ● Sync Port Setting

1. Press the <MENU> button to enter C.Fn SYNC page, rotate the dial to choose <SYNC>, then, press the <SET> button. You can now rotate the dial to choose "IN" or "OUT". Short press the <MENU> button to return to the menu page.

- 1.1 Choose "IN" to transmit signal to trigger flashes.
- 1.2 Choose "OUT" to transmit signals to trigger camera shutter or to trigger speedlite flashes via PC sync.



### ● Shoot Settings

Press the <MENU> button to activate C.Fn SHOOT. Press the <SET> button to switch between <ON> or <OFF>. Press <MENU> again to return to menu page.

ON: the single contact point mode is activated. In M and Multi flash mode, the master flash will only transmit trigger signals to slave flash.

OFF: the single contact point mode is deactivated. When camera shutter is released, the master flash will transmit trigger signals and flash settings to slave flash.

※ When the single-point triggering mode ("SHOOT") is turned on, the product can only send flash triggering signals which will disable other functions.



### ● Restore Factory Settings

In the main UI, press and hold both "RST" buttons until "RESET" appears on the screen. The factory reset is now complete.

## ● C.Fn: Set Custom Functions

The different custom functions of this product are categorised below. Please check the table to change the settings as required.

Custom functions symbol	Functions	Settings symbol	Settings and meanings
STBY	Sleep	ON/OFF	Enable/disable
BEEP	Buzzer	ON/OFF	Enable/disable
LIGHT	Backlight duration	12sec	Turn off automatically after 12 seconds
		ON/OFF	Always on/always off
SYNC	Sync jack	IN	Set the QPro-S to trigger flash
		OUT	Output triggering signal or control shutter signal
LCD	LCD contrast ratio	-3~+3	Selectable value of contrast ratio
SHOOT	Single-point triggering mode	ON	Single-point triggering mode on
		OFF	Single-point triggering mode off
DIST	Triggering distance	0-30M	0-30m triggering
		1-100M	1-100m triggering
ID	Wireless ID	OFF	Close
		01-99	Any number from 1 to 99 can be selected
STEP	Flash power output	1/128 (0.3)	Minimum output is 1/128 (with a step increment of 0.3)
		1/512 (0.1)	The minimum output is 1/512 (with a step increment of 0.1)
ZOOM	Focal length	APS	18-133mm
		135	28-200mm

## 1. Compatible flash models

Compatible with NEEWER 2.4G flashes with built-in Q wireless control system, including Z2-F, S101-300W Pro, Q4, Q6, Q200, S101-400W Pro, S102-400W Pro, QR(off camera trigger), and later flash models with built-in Q wireless control.

※ Supported functions: all functions that both QPro and the flash have.

## 2. Compatible camera models

The QPro-F trigger is theoretically compatible with Fujifilm cameras (supports TTL, M, and Multi flash mode), and also compatible with cameras with PC port (only supports M mode).

The tested compatibility list is as follows:

X-T50, X-S20, X-T5, X-H2, X-H2S, X-T30 II, GFX100S, X-E4, X-S10, X-T30, GFX50R, X-T3, X-H1, X-T20, GFX50S, X-T10, X100VI, X100V, X100S

※ The camera models mentioned above are the ones that have been lab tested by the manufacturer and not all Fujifilm models are covered. Users are welcome to test other camera models and we welcome all feedback.

## Firmware upgrade

The firmware of this product can be upgraded through the USB port. The latest software announcements and instructions will be published on the official website.

- ※ This product does not come with a USB cable for the firmware upgrade. Please purchase separately. The USB port of this product is a Type-C port. Please use only a USB Type-C cable.
- ※ Upgrading the firmware requires Neewer Firmware software support. Please download and install "Neewer Firmware Update", and then select the corresponding firmware file before updating.
- ※ Whilst the product is undergoing a firmware upgrade, please refer to the latest electronic version of the manual.

1. External environment 2.4GHz signal interference (such as wireless base station, 2.4GHz Wi-Fi router, Bluetooth device, and others)—  
Please adjust the channel ("CH") settings of the flash trigger (recommended +10), find a channel without interference, or turn off other 2.4GHz devices while using this product.
2. Please check whether your flash has recycled to full power or the recycling rate has kept up with the continuous shooting speed (the flash-ready lamp is already on), and that the device's overheat protection hasn't activated, or is operating abnormally. Please lower the power output of the flash. If it is in TTL mode, you can try changing to M mode. (In TTL mode, a pre-flash is required.)
3. Check whether the distance between the flash trigger and the flash is too close (distance <0.5m)—  
Please turn on the "near-range wireless mode" on the flash trigger and set "C.Fn-DIST" to "0-30m."
4. Check whether the flash trigger and the receiver unit are running low on power—  
Please replace the batteries ( 1.5V disposable alkaline batteries are recommended).

## Notes

1. If the flash trigger is subject to a strong impact or vibration, it may malfunction.
2. This product is not waterproof. If it is immersed in water or placed in a high humidity environment, it may malfunction. The development of rust on internal components resulting from such conditions may cause irreparable damage.
3. Sudden changes in temperature, such as entering or leaving a warm building on a cold day with the flash trigger exposed in the air, may cause condensation inside the product. To avoid condensation, please put the flash trigger in a handbag or plastic bag in advance to prevent sudden temperature changes.
4. Strong static electricity or strong magnetic fields generated by radio broadcast transmitters and other equipment may interfere with the normal operation of this product.
5. If you can't trigger your flash or take pictures correctly, please check whether the battery is installed correctly and whether the flash trigger's power switch is turned on; whether the flash trigger is set to the same channel; whether the cable or hot shoe is correctly and firmly connected in place; whether the function mode settings are correct.
6. If the camera can only shoot but cannot focus, please check whether the camera body or lens is set to manual focus (MF) and set it to auto focus (AF).
7. If your flash trigger is triggered by other wireless flash systems, simply change the channel settings of the trigger to counter interference.

Model	QPro-F
Built-in Wireless System	2.4GHz frequency
Modulation Mode	MSK
Channels	32
Wireless ID	01-99
Group	A, B, C, D, E (5 groups)
TTL Autoflash	TTL
Power Supply	2 AA batteries
Manual/ Stroboscopic Flash	Yes
High-speed/ Second-curtain sync	Yes
Exposure compensation	Yes
Focus Assist	Yes
Modeling Lamp	The modeling lamp of the flash is controlled by the trigger
Buzzer	The buzzer of the flash is controlled by the trigger
Wireless Shutter	The receiver can control camera shooting through the 2.5mm sync jack
Zoom Settings	The focus value of the flash is adjusted through the transmitter
Firmware Update	Upgrade the firmware through the USB Type-C port
Memory Function	New settings will be automatically saved after 2 seconds
Display Screen	FSTN dot-matrix screen
Frequency Range	2412.75MHz-2464.25MHz
Maximum radio-frequency power	3.76dBm